



Annual General Meeting Report – 2026

Location: ASBHM2026 – University of Auckland, Auckland, New Zealand

Date: Friday 13th February 2026

President's Report – Dr Caitlin Liddelow

- We held our annual scientific conference (2025) on the Gold Coast in February, and over 120 delegates from around the world travelled to the Gold Coast to listen to our fantastic speakers.
- We awarded a great team of researchers, led by Dr Anjana Reddy from Monash University, another \$10,000 seed funding grant to conduct vital research.
- We awarded four researchers with \$750 travel scholarships to assist them in attending the 2026 ASBHM Conference in Auckland:
 - Dr Keely Bebbington (The Kids Research Institute Australia)
 - Dr Edmund Kanmiki (University of Queensland)
 - Dr Effie Marathia (University of Stirling)
 - Dr Mia Majstorovic (Adelaide University)
- Became a sponsoring organisation of the Health Behavior International Collaborative (HBIC) Award, offering USD \$3,000 to support a mentorship between an Australian recipient and their chosen mentor.
- We have experienced an increase in conference delegates this year, with 124 registered delegates from 14 countries.
- The ASBHM membership base grew in 2025, doubling that of the number of members we had in 2023.

Finance Report – A/Professor Carina Chan (Treasurer)

- Balances:
 - Feb 2025 = \$112,780.90
 - Feb 2026 = \$98,820.15
 - Will comfortably have \$90,000 after ASBHM2026 expenses
- Credits in past 12 months: \$54,619.69
- Expenses in past 12 months: \$68,281.34

- See attached expenses report (**above numbers are pending another income transfer from Paypal and additional expenses of keynote speakers, 2025 conference dinner and other organisation costs)

Membership Report – Dr Ashlee Turner (Membership Officer)

- **Membership (as of 09 Feb 2026):**
 - Total: 153
 - Professional: 92
 - Student: 61
- **Membership (2025):**
 - Total: 145
 - Professional: 85
 - Student: 60
- **ASBHM2026 (Auckland)**
 - Total registrations: 124
 - Professional: 76
 - Student: 48
 - 34 delegates from NZ (incl our 2 keynotes, representation from institutions across Auckland, Palmerston North, Wellington, Dunedin, Christchurch) , compared to 6 at ASBHM2025 and 2 at ASBHM2024
 - Delegates coming from the Philippines, Fiji and Indonesia – supported by our reduced rate registration.
- **ASBHM2025 (Gold Coast)**
 - Total registrations: 123
 - Professional: 79
 - Student: 44
- **Benefits of membership:**
 - Monthly newsletter from ASBHM, highlighting jobs and opportunities in health psychology and behavioural medicine across the globe
 - Free access to Peers Connect (our student and early career network)
 - Discounted registration to ASBHM conference
 - Discounted registration to ICBM, to be held in Singapore in 2027
 - Free access to ISBM Webinar Series
 - Free online access to the International Journal of Behavioral Medicine
 - Eligible to apply for the ASBHM Collaboration Seed Funding Grant (yearly, up to \$10K)
 - Eligible to apply for the ASBHM-sponsored and ISBM-sponsored HBIC award

Peers Connect Report – Dr Sabryna Sas and Dr Anna Boggiss

- **Two webinars held in 2025:**
 - Webinar 1 held on June 4th 2026:
 - Presenter: Dr Matthew Schweickle
 - Title: Qualitative research: Where to start and how to know if I am doing it right?
 - Attendance: 18 attendees
 - Webinar 2 held on October 1st 2026:
 - Presenter: Asha Parkinson
 - Title: Co-Designing a Digital Health Intervention with a ‘Hard-to-Reach’ Population: Reflections and Recommendations for Meaningful Collaboration
 - Attendance: 21 attendees
- **Peers Connect networking event at the ASBHM2025 Gold Coast Conference**, with good attendance and valuable networking despite the weather.
- **Increased communication and visibility:** Launch of a Peers Connect WhatsApp group and increased LinkedIn activity via dedicated Peers Connect group.
- **Special thanks:** Peers Connect sub-committee (Angela Gilmour, Hayley Breare, Amber Firriolo)

Fellowship Award

- Received two applications in 2025, and both applicants were elected as Fellows.
- Awarded to Professor Kerry Sherman (Macquarie University, AU)
 - Professor Sherman is an internationally recognised leader in psycho-oncology and women’s reproductive health, with more than two decades of highly impactful, continuously funded research and the development of widely implemented digital health interventions supporting informed decision-making and wellbeing. She has held senior editorial roles across leading journals, served on numerous national and international advisory committees, and made exceptional contributions to ASBHM, including as President, Treasurer, long-standing Executive Committee member, and co-chair of multiple conferences. Her election as a Fellow reflects her profound influence on the discipline and her commitment to advancing behavioural health and medicine in Australia and internationally.
- Awarded to Associate Professor Carina Chan (La Trobe University, AU)
 - Based at La Trobe University, Associate Professor Chan is an internationally recognised researcher whose work bridges health behaviour change, chronic disease prevention and management, and the translation of behavioural science into policy, practice, and community benefit, with particular impact in regional and underserved settings. She has played a pivotal role in shaping the discipline through more than 20 years of service to ASBHM, including as President and Treasurer (current), and the international behavioural medicine community. Her election as a Fellow recognises both her scholarly impact and her enduring commitment to advancing the field.

Resigning Executive Committee Members

- Dr Jessica Charlesworth
 - While completing her PhD at Curtin University, Jess joined the ASBHM Executive Committee as the Peers Connect Representative in 2021. Jess then moved into the role of Secretary from 2023-2024, when she welcomed a beautiful baby in early 2025. Jess is currently taking some extended time away from academia to focus on her baby, and feeling as though her position on the executive committee would be better filled by someone who is more active in the space. Jess officially resigned from her position as Member-at-Large in January 2026. Thank you, Jess.

Open Executive Committee Positions

- Member-at-large
 - Offered to the 2025 membership vote runner-up Amelia Winter without all Executive Committee members in support.

Incoming President: 2026-2028

- Associate Professor Anna Serlachius has officially begun her 2-year term as President of ASBHM.
 - Anna is an internationally recognised health psychology researcher whose work focuses on developing scalable, cost-effective interventions to improve psychological and physical health outcomes, particularly for adolescents and young people with chronic health conditions, through innovative digital wellbeing tools and self-management approaches. Her research has secured competitive funding, informed clinical practice, and spans digital mental health interventions, chronic disease self-management, and psychosocial health, with editorial roles on leading journals and strong interdisciplinary collaborations that advance health psychology research and practice across the region.
- Dr Caitlin Liddelow’s 2-year term as President has ended. She will now move into the Past-President role, as well as begin in a newly created role ‘Communications Officer’ to manage all of the social media and newsletters for ASBHM.
- The search for a President-Elect will begin in March 2026.

Current Executive Committee Members

Position	Name	Date Elected
President	Anna Serlachius	2024
Past President	Caitlin Liddelow	2026
President-Elect	TBA	-
Secretary	Nicholas Browning	2024

Treasurer	Carina Chan	2019
Membership Officer	Ashlee Turner	2023
Peers Connect 1	Anna Boggiss	2025
Peers Connect 2	Sabryna Sas	2024
Communications Officer	Caitlin Liddelow	2025
General Member	Kerry Sherman	2018
General Member	Kate Faasse	2022
General Member	Jacquie Mills	2023
General Member	Rebecca Hodder	2024
General Member	Emily Brindal	2021
General Member	Katrina Champion	2022
General Member	Chloe Maxwell-Smith	2023
General Member	Naomi Kakoschke	2023
General Member	Jacob Keech	2025
General Member	Chris Kilby	2024
General Member	Amelia Winter	2026

ASBHM2026 Announcement

- Perth, Australia
- 10-12 February 2027
- Parmelia Hilton Hotel
- Have received event funding from both Business Events Perth and Parmelia Hilton

Signed and Approved:

A/Professor Anna Serlachius

President, ASBHM

13.2.2026

Feb 2025-Feb 2026 Expenses

Items	Debit (\$)	Credit (\$)	Balance (\$)
1 Feb 2025			112780.90
International transfer fee	97.93		
Web Bluehost	66.97		
2024 SEED grant	10000.00		
Income via STRIPE		48221.9	
Income via Paypal **		4698.69	
Expenditure via STRIPE	989.44		
Memberpress	282.05		
Mailchamp Fee	433.34		
2025 conference catering	17133.93		
2025 Conference dinner	3050.00		
2025 travel scholarship x 2	1500.00		
2025 Peers connect	350.00		
2025 conf expenses	279.86		
Conference photographer	350.00		
Conf rego 2025		570.00	
Conf rego 2026 direct credit		1130.00	
Peer connect speakers	300.00		
Conference speakers airfare	3006.69		
Conference venue	1308.45		
2026 Conference catering (deposit)	17804.68		
2027 Conference venue (deposit)	9270.00		
2026 travel scholarship x 3	2250		
2026 conference expenses	108.00		
*** As of 6 Feb 2026			98820.15

Note:

ISBM did not issue membership dues in 2025 (a fee to be expected in 2026 plus the 2026 dues)

* Pending another income from ~~Paypal~~ transfer

** The conference income and expenses are not final, pending reconciliation of cost incurred from keynote speakers, additional cost on conference organisation, conference dinner.

#2025 Seed grant funding (\$10000) to be paid, invoice received