




# Australasian Society of Behavioural Health and Medicine 2021 Conference Agenda

Please click on any session to instantly load the relevant Zoom room.  
The password for all rooms is: **asbhm2021**

Day One: Wednesday 3 <sup>rd</sup> February 2021		Click here to join the Foyer any time		
N.b. Presentations take place in Main Room unless otherwise stated.				
(WST)	Opening Plenary Session			
8:00am-8:30am	Welcome Address ASBHM President Professor Barbara Mullan (Acknowledgement of Country)			
8:30am-9:30am	Introduced by Professor Charles Abraham Keynote Address: The health and economic consequences of climate change-human health nexus Professor Rachel Huxley (Deakin University)			
9:30am-10:30am	Introduced by Caitlin Liddelow Master Lecture: Active Team – a gamified, online social networking physical activity app. Development, evaluation, dissemination and lessons learned Professor Carol Maher (University of South Australia)			
10:30am-12:30pm	Poster Session Various Presenters.			
12:30pm-1:00pm	Lunch Break			
1:00pm-2:00pm	Introduced by Dr Chris Kilby Keynote Address: Indigenous health and the disparity between government policy, action and the wellbeing of First Nations people Professor Peter Yu (Australian National University)			
2:00pm-3:30pm	Concurrent Sessions			
	<b>Main Room</b> Symposium <i>Chaired by symposium chair</i>	<b>Room 1</b> Theory and Measurement <i>Chair: Kerry Sherman</i>	<b>Room 2</b> Diet and Healthy Eating <i>Chair: Caitlin Liddelow</i>	<b>Room 3</b> Child and Adolescent Health Behaviour <i>Chair: Tess Fletcher</i>
	From neurobiology to social networks: psychosocial factors that influence the effectiveness and side effects of medications, <b>Kirsten Barnes, Kate Faasse, Marco Valerio, Leila Mirbaghe, &amp; Winston Tan.</b>	Adequacy of measures of informed consent in medical practice: A systematic review, <b>Kerry Sherman.</b>	The Influence of Social Normative Information on the Modeling of Food-related Decisions, <b>Sarah Rubenstein.</b>	School-based interventions for preventing obesity in children aged 6 to 18 years, <b>Rebecca Hodder.</b>

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2:00pm-3:30pm	<b>Concurrent Sessions (cont.)</b>			
	<b>Main Room</b> Symposium <i>Chaired by symposium chair</i>	<b>Room 1</b> Theory and Measurement <i>Chair: Kerry Sherman</i>	<b>Room 2</b> Diet and Healthy Eating <i>Chair: Caitlin Liddelow</i>	<b>Room 3</b> Child and Adolescent Health Behaviour <i>Chair: Tess Fletcher</i>
		A scoping review of Q-methodology in healthcare research, <b>Kristiana Ludlow.</b>	Association of habitual intake of fruits and vegetables with depressive symptoms: the AusDiab Study, <b>Simone Radavelli-Bagatini.</b>	Effectiveness of a universal school-based drug education program on student tobacco, alcohol and other drug outcomes, <b>Rebecca Hodder.</b>
		A framework for designing behaviour change interventions: Theory-grounded organization of specific techniques and strategies, <b>Ron Borland.</b>	The role of rational and automatic processes in parental snack giving behaviour, <b>Astrid Green.</b>	Investigating differences between traditional (paper bag) ordering and online ordering from primary school canteens: A cross-sectional study comparing menu, usage, and lunch order characteristics, <b>Rebecca Wyse.</b>
		'Vinyl in the era of iTunes' Sociotechnical team behaviour in clinical genomics, <b>Stephanie Best.</b>	Healthiness matters: Approach motivation for (un)healthy food in overweight and obese individuals, <b>Laura Dondzilo.</b>	Adolescents' Preferred Park Features for Supporting Park Visitation, Physical Activity and Social Interaction, <b>Elise Rivera.</b>
		Conceptualizing the challenge of behaviour change, <b>Charles Abraham.</b>	Explaining sugar-sweetened beverage consumption using temporal self-regulation theory, <b>Thomas McAlpine.</b>	Improving safe food-handling practices among students by increasing self-efficacy, <b>Denise van Rijen.</b>
			An exploration of the provision of healthy food by community organisations, <b>Moirra O'Connor.</b>	Exploring the link between youth sports participation and mental health: The role of key physical health behaviours, <b>Lauren Gardner.</b>
3:30pm	<b>End of Day 1 Proceedings</b>			
3:30pm-4:45pm	<b>Peers Connect Event</b> <b>100 Point Challenge – Team-based Puzzles and Networking</b>			

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**Day Two: Thursday 4<sup>th</sup> February 2021**

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[Click here to join the Foyer any time](#)

8:00am-9:30am	Concurrent Sessions			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 Chronic Disease Management <i>Chair: Jemma Todd</i>	Room 2 COVID and Vaccination <i>Chair: Chris Kilby</i>	Room 3 Stress, Mental Health & Wellbeing <i>Chair: Daniel Brown</i>
	Wellbeing among Young People with Chronic Conditions, <b>Asha Parkinson, Philippa Loseby, Anna Boggiss, Amy Finlay-Jones, &amp; Keely Bebbington.</b>	Is it acceptable and/or feasible to collect patient-reported outcome measures during a cancer clinical trial? <b>Eden Robertson.</b>	How can we increase and maintain COVID-19 testing in Australia? Identifying and addressing behavioural barriers, <b>Carissa Bonner.</b>	Psychosocial Predictors of Psychological Wellbeing during Self-Isolation due to the COVID-19 Pandemic, <b>Jessica Kent.</b>
		The role of fatigue, disease severity, mental health and stigma on predicting willingness to engage in psychotherapy for fatigue in patients with inflammatory bowel disease, <b>Catherine Emerson.</b>	“My opinion of vaccines depends heavily on which one”: Personality predictors of attitudes toward childhood, flu, COVID, and general vaccines, <b>Chris Kilby.</b>	Evaluation of an Implementation Intentions Intervention for Managing University Student Stress, <b>Leah Rackemann.</b>
		The cognitive biases of Type 2 diabetes and chronic pain, <b>Jemma Todd.</b>	The Toilet Paper Apocalypse: Correlates of Health Behaviours and Stockpiling to COVID-19, <b>Chris Kilby.</b>	How families communicate about child chronic illness: Implications for sibling wellbeing, <b>Joanna Wu.</b>
		Associations between illness perceptions and glycaemic control in patients with type 2 diabetes in Saudi Arabia, <b>Mohsen Alyami.</b>	Patterns of COVID-19 prevention behaviours over time in Australia, April to July 2020, <b>Julie Ayre.</b>	How do Self-Compassion-Based Interventions Work? Investigating Emotion Regulation & Self-Compassion as Mediators of a Body Image Intervention for Breast Cancer Survivors, <b>Melissa Pehlivan.</b>
		Weight bias in health care professionals: A systematic review and meta-analysis, <b>Blake Lawrence.</b>	The Underlying Motivators for Anti-Vaccination Attitudes Among Sunshine Coast Parents, <b>Karina Rune.</b>	Self-Concept Clarity and Appearance-Based Social Comparison to Thin-Ideal Models, <b>Jeanne Carter.</b>
		What would you do? Prostate cancer survivors’ experiences of surgical and adjuvant treatment decision-making consultations, <b>Sally Sargeant.</b>	What does "coronavirus is a hoax" really mean? <b>Micah Goldwater.</b>	Am I Sick Enough Yet? Exploring women’s experience’s of nasogastric tubes when used as part of treatment for Anorexia Nervosa, <b>Rhiannon Lehndorf Moore.</b>

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9:30am-10:00am	<b>Coffee Break</b>		
10:00am-12:00pm	<b>Introduced by Caitlin Liddelow</b> <b>Workshop:</b> Peers Connect Workshop: Conducting research that is inclusive and respects diversity - <b>Room 1</b> <b>Dr Peta Dzidic</b> (Curtin University)		
12:00pm-1:00pm	<b>Lunch Break</b>		
1:00pm-2:00pm	<b>Introduced by Professor Barbara Mullan</b> <b>Keynote Address:</b> Breastfeeding: Using health behaviour theories to understand and influence a complex behaviour <b>Professor Jane Scott</b> (Curtin University)		
2:00pm-3:30pm	<b>Concurrent Sessions</b>		
	<b>Main Room</b> Symposium <i>Chaired by symposium chair</i>	<b>Room 1</b> Symposium <i>Chaired by symposium chair</i>	<b>Room 2</b> Behaviour Change <i>Chair: Jessica Charlesworth</i>
	Advances in the Science of Health Communication, <b>Michelle Jongenelis,</b> <b>Bill King,</b> <b>Ron Borland,</b> <b>Charles Abraham,</b> <b>Helen Dixon,</b> <b>&amp; Freya Horn.</b>	Behavioural Approaches to Diabetes Self-Management, <b>Michelle Hadjiconstantinou,</b> <b>Natalie Jetta,</b> <b>Natasha Watson,</b> <b>Deborah Schofield,</b> <b>&amp; Enrique Mergelsberg.</b>	The importance of cues when forming a new habit or breaking an existing habit, <b>Barbara Mullan.</b>
			Are there age related interactions with key theoretical determinants of smoking cessation? <b>Michael Le Grande.</b>
			Understanding the Predictors of Hand Hygiene Using Aspects of the Theory of Planned Behaviour and Temporal Self-Regulation Theory, <b>Amber Ferrier.</b>
			Adherence to the oral contraceptive pill: the roles of health literacy and knowledge, <b>Caitlin Liddelow.</b>
			The impact of research participation on organisation engagement: examining the relationship between research participation and blood donation, <b>Sarah Kruse.</b>
			Examining the effects of a pilot safe food-handling media campaign: Mechanisms of behaviour change, <b>Jessica Charlesworth.</b>
3:30pm	<b>End of Day 2 Proceedings</b>		
3:30pm-4:30pm	<b>Quiz Night and Social Drinks</b>		

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Day Three: Friday 5 <sup>th</sup> February 2021		Click here to join the Foyer any time		
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7:00am-8:00am	Yoga Class with Alana Ray (Alana Ray Yoga – Sydney) Room 1			
8:00am-9:00am	Introduced by Dr Jemma Todd <b>Master Lecture:</b> Transforming the role of the family carer – from optional extra to empowered partner in care <b>Associate Professor Ilona Juraskova</b> (University of Sydney)			
9:00am-10:00am	Introduced by Professor Kerry Sherman <b>Master Lecture:</b> Improving implementation science to improve health: current challenges and potential solutions <b>Associate Professor Luke Wolfenden</b> (University of Newcastle)			
10:00am-10:15am	Coffee Break			
10:15am-11:45am	<b>Concurrent Sessions</b>			
	<b>Main Room</b> Symposium <i>Chaired by symposium chair</i>	<b>Room 1</b> E-Health <i>Chair: Maddy Kinlay</i>	<b>Room 2</b> Women's Health <i>Chair: Jacquie Mills</i>	<b>Room 3</b> Chronic Disease Prevention <i>Chair: Barbara Mullan</i>
	Improving water safety behaviours to reduce drowning risk, <b>Kyra Hamilton, Jacob Keech, Stephanie Smith, Stacey Willcox-Pidgeon, &amp; Amy Peden.</b> Symposia Cont.	Mental health and caring responsibilities among siblings of young people with chronic illness: Implications for a videoconferencing intervention for adolescent siblings (SIBS-ONLINE), <b>Lauren Kelada.</b>	The relationship between body mass, symptoms and body image in women with polycystic ovarian syndrome, <b>Georgia Rush-Privitera.</b>	Barriers to and enablers of type 2 diabetes screening among women with previous gestational diabetes: a qualitative systematic review using the Theoretical Domains Framework, <b>Amelia Lake.</b>
		Testing an Online ACT Intervention for Adults Living with Chronic Illness During the Covid-19 Pandemic, <b>Kate Wallace-Boyd.</b>	Exploring the impact of endometriosis symptom frequency and endometriosis-related sexual pain on women's sexual wellbeing and associated impacts on subjective and emotional wellbeing, <b>Georgia Rush-Privitera.</b>	Barriers to and enablers of type 2 diabetes screening and postpartum healthy lifestyles among Culturally and Linguistically Diverse women with previous gestational diabetes: a qualitative systematic review using the Theoretical Domains Framework, <b>Amelia Williams.</b>
		Mobile applications in the self-management of heart failure: a qualitative study of patients' and clinicians' perspectives on desired features and behavioural components, <b>Leticia Bezerra.</b>	Delineating Sociodemographic, Medical and Quality of Life Factors Associated with Psychological Distress in Individuals with Endometriosis, <b>Carla Sullivan-Myers.</b>	Profiling risk for chronic disease among Australian adolescents: Prevalence and socio-demographic correlates of lifestyle risk behaviours, <b>Katrina Champion.</b>

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	Improving water safety behaviours to reduce drowning risk, <b>Kyra Hamilton, Jacob Keech, Stephanie Smith, Stacey Willcox-Pidgeon, &amp; Amy Peden. Symposia Cont.</b>	Mobile applications for heart failure self-management: a systematic review and description of behaviour change components, <b>Leticia Bezerra.</b>	Understanding alcohol use in pregnancy using the prototype willingness model and the theory of planned behaviour, <b>Tess Fletcher.</b>	Coordinating Healthcare with Artificial intelligence-supported Technology in Atrial Fibrillation patients (CHAT-AF) – intervention development and behavioural components, <b>Ritu Trivedi.</b>
		Promoting healthy lifestyle behaviours and wellbeing of working women across the reproductive years: Co-design of a digital wellbeing program using Intervention Mapping, <b>Seonad Madden.</b>	“She’s a stropky unpredictable teenager”: Qualitative Accounts of Body Image in those Living with Endometriosis, <b>Katherine Sayer-Jones.</b>	General practitioner perspectives of inequalities in the prevention and management of cardiovascular disease, <b>Amanda Baumgart.</b>
	The effectiveness of canteen manager feedback reports and menu-labelling targeting consumers in encouraging healthier food choices within students’ online lunch orders: a pilot cluster randomised controlled trial in NSW primary school canteens, <b>Jacklyn Jackson.</b>	The experience of the Australian healthcare system for women with endometriosis, <b>Jacquie Mills.</b>	Treating Low-Risk Ductal Carcinoma in Situ (or Not?) – Qualitative Study of Patient Perspectives, <b>Jolyn Hersch.</b>	
11:45am-12:45pm	<b>Lunch Break/Annual General Meeting</b>			
12:45pm-2:45pm	<b>Workshop: Behaviour Change Intervention Design - Room 1</b> <b>Professor Charles Abraham and Professor Ron Borland</b> (University of Melbourne)			
2:45pm-3:00pm	<b>Closing Address and Award Presentations</b> <b>Dr Chris Kilby</b>			
3:00pm	<b>End of Day 3 Proceedings</b>			

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